

**** FREE for loved ones and caregivers of military Service Members & Veterans ****



 **nami Homefront**
National Alliance on Mental Illness

A series of six, bi-weekly, 2.5 hour session classes structured to help loved ones understand and support military Service Members and Veterans living with:

Bipolar Disorder

Borderline Personality Disorder

Co-occurring Brain and Addictive Disorders (substance abuse)

Major Depressive Disorder

Post-Traumatic Stress Disorder (PTSD)

Panic Disorder and Obsessive Compulsive Disorder

Schizophrenia and Schizoaffective Disorder

The course is taught by a team of trained NAMI family member volunteers who know what it is like to have a relative living with one of these brain disorders. **There is no cost to participate in the NAMI HomeFront Education Program.** We think you will be pleased by how much help the program offers.

Classes are held on: Tuesdays from 6:00PM-8:30PM & Saturdays from 10:00AM-12:30PM

Classes run from: Tuesday, Feb 09, 2016 to Saturday, Feb 27, 2016 @ Fayetteville VA Medical Center's

2300 Ramsey Street

Fayetteville, NC 28301

FOR REGISTRATION AND/OR MORE INFORMATION CALL:

Lisa Lofton-Berry @ 910-396-6067 or Hannah M. Carroll @ 910-223-5244

TARGET AUDIENCE: Family, Friends, and Caregivers of Military Service Members and Veterans

REGISTRATION REQUIRED - A MINIMUM OF 10 REGISTRANTS NEEDED TO CONDUCT A CLASS.

Sponsored by

 **nami** | Cumberland, Harnett
National Alliance on Mental Illness and Lee Counties

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